

Mainland Matters – October 2017



MESSAGE FROM THE CEO

Fantastic to see the blossoms out and great weather on the way!

The recent Constellation Cup Series between Australia and New Zealand has been interesting viewing, and full of talking points for netball followers and the media. We wish the Fast 5 Ferns all the best for the World Series competition being held in Melbourne over the weekend of 28 and 29 October. Our best wishes in particular are with Silvermoon Tactix players; Erikana Pedersen, Zoe Walker and Temalisi Fakahokotau, and Team Manager Leanne Harris.



A big thank you to everyone from our Centres across the Zone for participating in our recent fifth annual Zone Centre Forum. There was lots of good discussion, plans and feedback for 2018 and beyond.



The key theme for this Forum was “Stronger Together” and the importance of a growth mindset was highlighted. We have sent all the presentations and notes out to Centres, and look forward to working with you all in the future. As always, any questions or queries please get in touch with one of the team here at Netball Mainland.

The NZ Secondary Schools Netball (NZSS) Championships were held recently in Rotorua. Established in 1993, the NZSS champs is one of the most hotly contested annual tournaments on the NNZ calendar. The event provides an opportunity for the best secondary school teams from the Upper North Island, Lower North Island and South Island to go head-to-head in a battle for the trophy.



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In what was their first appearance at the national netball event for Howick College who beat Saint Kentigern 33-25 in an exciting grand final. Four Netball Mainland Secondary Schools competed: St Margaret's College (11th), Ashburton College (12th), St Andrew's College (15th) and Christchurch Girls' High School (16th). Congratulations to Jessica Allan (St Andrew's College) who was named in the tournament team.

Recruitment of our Mainland Beko Head Coach is in the final stages and we will be conducting our Zone Beko player open trials over the weekend of 11 and 12 November (pre-registration required).

Kind regards, Brigit

COMMUNITY

2017 NNZ COACHING AWARDS

Netball New Zealand (NNZ) is proud to recognise and celebrate the contribution of our Coaching community in the delivery of Netball with the 2017 Netball Coaching Awards.

With nominations officially open, the awards are an opportunity to showcase and celebrate Netball's Coaching community and those who have stood out by continuing to champion the aspirations and dreams of players throughout the country.

There are three categories for nomination

1. Performance Coach of the Year
2. Community Coach of the Year Award
3. Coach Developer of the Year Award

[CLICK HERE](#) for more information including the selection criteria and details on how to submit a nomination.

Nominations close on Tuesday 14 November, 2017.

COACH DEVELOPMENT

As the year is coming to a close, it is a great time to reflect, plan and implement the learnings from 2017. One of these learning opportunities arose from the Coach Developer training on October 8 2017. A number of Coach Developers from around the Zone came together to further develop and enhance their practice as facilitators. There were some great laughs, as well as opportunities to learn from each other.

We look forward to bringing you the 2017/2018 Team Culture Roadshow. It will be a great opportunity for coaches to come along and grab some tips from our Silvermoon Tactix Head Coach, Marianne Delaney-Hoshek, as to how she creates a great team culture. Get in quick and register [HERE](#).

The netball season has come to an end and while it is important to look after one's well-being; it is equally important to start planning for the 2018 season. In the words of Dwight D Eisenhower, "plans are nothing; planning is everything". Look out for upcoming Netball New Zealand coaching modules at your relevant netball centre to aid your coach development.



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JUNIOR DEVELOPMENT

Tamika has been out visiting secondary schools around the wider Canterbury region, meeting with school leavers and talking about netball opportunities after high school. This is part out our efforts to address the drop off participation rates at this age level. Thanks to Fooze Balls for the yummy give-aways. So far we have been to Marian College, Geraldine High School, Roncalli College, St Margaret's College, Haeata Community Campus, and Waimea College during a Nelson visit.



Fill out the survey and WIN!!

As part of our research into the youth participation drop off in netball, we are surveying ALL young people. If you are aged between 15-21 years, whether you play netball or not, complete the following survey and be in to win a double pass to a 2018 Silvermoon Tactix home game in Christchurch.

[CLICK HERE](#) to complete the survey!

UMPIRE COACH / ASSESSOR APPOINTMENTS 2018

Name	Centre	Position appointed
Jordan Cameron	Christchurch	Centre Coach
Tania McKay	Malvern	Centre Coach
Ange Holland	Malvern	Centre Coach
Kathryn Gaze	Christchurch	Centre Coach
Ann Martin	Motueka	Centre Coach
Nola Woolaston	Motueka	Centre Coach

Alan Henderson	Nelson	Centre Coach
Ranee Norton	Marlborough	Centre Coach
Kevin Opele	Mid Canterbury	Centre Coach
Jenna Fellowes	Christchurch	Centre Coach
Abbey Mcaarthy	Christchurch	Centre Coach
Janine Jordan	Marlborough	Centre Coach

Name	Centre	Position appointed
Sophie Eggleton	Christchurch	Centre Coach/Assessor
Janice Corbett	Selwyn	Centre Coach/Assessor
Lyn Miles	Selwyn	Centre Coach/Assessor
Anne Marie Baird	Selwyn	Centre Coach/Assessor
Denise Geayley	Selwyn	Centre Coach/Assessor
Vicki Harrington	Christchurch	Centre Coach/Assessor
Melissa George	Malvern	Centre Coach/Assessor
Glennys Burney	Christchurch	Centre Coach/Assessor
Irene Maguire	Christchurch	Centre Coach/Assessor
Pam Ormandy	Christchurch	Centre Coach/Assessor
Rebecca Aranga	Christchurch	Centre Coach/Assessor
Lyndon Endicott-Davies	Christchurch/Selwyn	Centre Coach/Assessor
Rebecca Murdoch	Hurunui	Centre Coach/Assessor

Name	Centre	Position appointed
Megan Daniel	Selwyn	Zone Coach
Michelle Robb	Christchurch	Zone Coach/Assessor
Rebecca Reside	Christchurch	Zone Coach/Assessor
Andrea James	Selwyn	NZ Coach
Diana Walsh	Selwyn	NZ Coach
Sarah-Jane Paki	Christchurch	NZ Coach



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Anne Harrison	Christchurch	NZ Coach/Assessor
Kate Smith	Nelson	NZ Coach/Assessor

Congratulations on those new appointments and re-appointments as Umpire Coach/Coach-Assessors. These volunteers do so much work in developing our umpires and their time they give to the sport is truly priceless.

We are still finalising the last appointments so we expect this list to grow even more before the end of the month.

INCORPORATED SOCIETIES/ FINANCIAL RECORDS

Netball New Zealand has been working with the Zones to ensure that all Netball Centres are up to date with their Incorporated Societies status.

Netball New Zealand (NNZ) requirement

The NNZ Constitution (7.3 c) requires all Centres to be a registered Incorporated Society.

The status primarily;

- Protects the members of the Centre and ensures they are not personally liable for the society's debts, contracts or other obligations (Incorporated Societies Act 1908)
- Enables Centres to be eligible to apply for funding

Requirements of Incorporation

As a registered Incorporated Society, the entity must;

1. Upload an organisational Constitution

The NNZ constitution (Centres 7e) states that Centres;

Adopt the Objects of NNZ and the Objects of the relevant Zone and adopt a Constitution which is consistent with this Constitution and the Constitution of the relevant Zone.

In order to assist Centres with developing and adopting such a Constitution a NNZ Centre Constitution Template was developed and circulated.

2. Annually submit their financial accounts.

Not meeting these requirements may result in an entity being struck off the register.

KEY DATES

2017 NETBALL MAINLAND OFFICE CHRISTMAS/NEW YEAR CLOSURE

The Netball Mainland AND Netball New Zealand offices will be closed for the Christmas/New Year period **from 5:00pm on Friday 22 December 2017, opening again on Monday 8 January 2018.**

2018 NETBALL NEW ZEALAND AGM & COUNCIL MEETING

The 2018 NNZ AGM and Council meeting is heading to **Wellington**, and been confirmed for **Saturday 24 February and Sunday 25 February 2018.**

Further information including registration forms will be circulated by NNZ to Zones and Centres in due course.

2018 NETBALL MAINLAND ZONE AGM

The 2018 Netball Mainland Zone AGM will be held at **2:00pm on Saturday 17 March, in Christchurch**, at the HPSNZ Apollo Projects Centre.

Further information including registration forms will be circulated by NM to Centres in due course.

ANZ PREMIERSHIP 2018

The competition starts after the Commonwealth Games in 2018, on Sunday 6 May, with round robin play through to Wednesday 1 August, followed by the Elimination Final on Wednesday 8 August and the Grand Final on Sunday 12 August. The full draw can be found on the Silvermoon Tactix website (www.tactix.org.nz) under the Draw tab.

The Silvermoon Tactix have eight away games and seven home games; including hosting a Super Sunday (where all six teams will play at Horncastle Arena in Christchurch) and one game in Nelson.

Season memberships go on sale on Friday 1 December 2017 and make the ideal Christmas pressie.

ZONE U15 CHAMPIONSHIPS – Queen’s Birthday Weekend 2018

Following extensive discussion and feedback from Centres, it has been agreed that the U15 Championships will be held over **Queen’s Birthday weekend – Saturday 2 to Monday 4 June 2018** and split into two divisions, with all games being played in the same location (to be confirmed at time of writing).

PERFORMANCE

HELLERS MAINLAND BEKO COACHING APPLICATIONS

Advertisements for the following roles will go out as follows:

Assistant Coach/es – Tuesday 31 October

Team Manager – Tuesday 31 October

NETBALL NEW ZEALAND SECONDARY SCHOOLS

Congratulations to all involved from Mainland at the recent NZ Secondary Schools Netball (NZSS) Championships held in Rotorua including teams, umpires, umpire coaches, technical officials and statisticians.

The final placings for the Netball Mainland Secondary Schools that competed: St Margaret's College (11th), Ashburton College (12th), St Andrew's College (15th) and Christchurch Girls' High School (16th). Congratulations

And a special mention to Kiani Smith, Margaret Marsh and Vicki Reid who were all appointed to the fina to Jessica Allan (St Andrew's College) who was named in the tournament team.



LINCOLN UNIVERSITY NETBALL SCHOLARSHIP HOLDERS

Congratulations to Lincoln University Netball scholarship holders who received the university highest sporting awards at their recent Blues and Golds Gala Evening



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BEKO TRIALS

Last chance to register for the 2018 Mainland BEKO Netball League Trials... **Registrations close on Friday 4 November** with open trials being held on the weekend of 11 and 12 November!



**Netball Mainland
2017/2018
BEKO Netball League Trials**

11th - 12th November 2017

**Apollo Projects Centre
CHRISTCHURCH**

**This is an open trial, but all trialists must
pre-register at the following link:**

www.sporty.co.nz/netballmainland/beko-trials/tab1

Registrations close 4th November 2017

 **Netball
Mainland**  **beko
netball league**

A NOTE FROM THE COACH

Off-season training - what should we do?

The most important thing in the off-season is that players (and management!) have some time off thinking about and training for Netball.

At the moment, the Silvermoon Tactix girls are having some time out - there are a few options for the girls that are available but it is not a necessity for them to be there. What is arranged is fun and not Netball based. We have been doing a bit of gymnastics, korfball and working on a little bit of skill work. It is a big conditioning window and the girls are working hard on their base fitness and strength work. They are all self-motivated and working hard as that is an expectation in our culture. It is expected that they should arrive in January in better shape each year.



We are lucky enough to have several girls involved in the Fast 5 Ferns. Kana, Zoe and Tem are all involved in this as well as Leanne our Team Manager. These girls as well as Jane have been working hard with International commitments.

It has been interesting for me working as a teacher in schools over the years and seeing the evolution of sports and what we are expecting from students who play in our sport.

In NZ at present I think we have issues with our young talented players being stretched and pushed too hard too early. Lots of school children are doing more training than Olympic athletes.

At school level, I believe sport seasons are getting longer and longer and we are putting youngsters under a huge amount of pressure with lots of extra conditioning and so on. It is important that we support students and that someone checks what they are doing in a week so that they don't burn out. In my day, I did reps for basketball and netball as well as playing for school but we didn't do extra conditioning on top.

The other issue, which we discussed at the recent Zone Centre Forum was that social players are not finding netball fun anymore. With longer seasons and an elitist set up in schools we are losing numbers in our game.

My advice: let players enjoy time out and another sport over summer.

Marianne

Very best wishes from us all here at Netball Mainland :)

